

# **Economic and Social Council**

Distr.: General

July 2025

Original: English and French

## 12. Brahma Kumaris World Spiritual University

Your Excellencies, Esteemed Delegates, and Fellow Changemakers,

My name is Prajwal Daulat Bhosale, and I speak on behalf of the Gen Z generation from the Brahma Kumaris World Spiritual University. I offer this statement as a loving invitation, not just a call to action, but a call to consciousness. Because for us, sustainability is not merely a target to meet, it is a compass guiding how we live, how we feel, and how we relate to one another and the Earth.

#### Sustainability as Inner Strength

To us, sustainability is the ability to sustain our values: compassion, peace, non-violence, and contentment, even amidst chaos. It begins not with infrastructure, but with integrity.

When I sit with children and explain sustainability, I don't talk about carbon emissions or global goals. I tell them a story of love, of how we preserve what we cherish. If you love a flower, won't you water it every day, protect it from harm, and hope others enjoy its fragrance too? Sustainability starts from that tenderness.

Our Gen Z is witnessing an era where consumption is confused with happiness, and speed is mistaken for success. But we want to offer a different narrative: one of soul-conscious living, not role-conscious survival. We believe that the strength to build sustainable systems begins with building stable minds.

#### What We Feel is Missing from the Global Sustainability Discourse

The Sustainable Development Goals (SDGs), though noble and essential, are often treated as checklists. They have become technical mandates, celebrated as badges of achievement. But what if, instead of ticking boxes, we began to treat them as emotional compasses? What if we saw them as reflections of our collective dignity?

People need to feel the goals in their hearts before they act with urgency. The goals must be meaningful, not just measurable. That is why we say: sustainability is not just about what we build outside, but who we become inside.

#### Spirituality as a Driver of Participation

We ask the United Nations and world leaders: How do we truly engage people in achieving the 2030 Agenda?

### **United Nations**

We believe the missing link is consciousness.

When people feel spiritually empowered, their sense of responsibility and belonging awakens. At the Brahma Kumaris, we don't begin by telling people what to do. We begin by reminding them of who they are: peaceful, powerful, wise souls. This awareness is not abstract. It changes how you walk, how you speak, what you consume, and how you relate to nature.

If we want communities to embrace solar power, zero waste, plant-based diets, or circular economies, we must also shift the inner narrative: from dependency to dignity, from apathy to authorship.

### Gen Z's Message: A Shift in Thinking

As a Gen Z voice, I say this with love: This is not the time to get distracted by fleeting trends. It is the time to focus on our inner development. Because only when we are full inside can we give outside.

We may come from different countries, different bodies, but we need the same water, the same air, the same kindness. For us, the planet is not a resource to be managed, it is a shared home to be respected. The Earth does not need our pity, it needs our partnership.

And so we, as young souls, are choosing a life of values-based actions. Acts fueled by virtues. Choices based on what serves the whole, not just the self.

#### **Brahma Kumaris Initiatives That Move Us**

Let me share a few examples of what deeply moves me and many young people like me:

- Kalp Taruh (Tree Plantation Movement): This is not just a tree-planting campaign. It is spiritual practice. Before planting, we meditate to connect with the sapling, visualizing it as a symbol of self-transformation. This reverent relationship with nature teaches young minds that we are not planting for the planet, but with the planet.
- Solar Energy at Brahma Kumaris Headquarters: Our campuses are powered by large-scale solar
  installations, including India's first solar thermal power plant. But what inspires me more than technology
  is the shift in consciousness that came with it. Choosing solar was not just an energy decision, it was an
  ethical one.
- Brotherhood Beyond Borders: Through youth programs, retreats, and peace dialogues, young Brahma Kumaris from over 130 countries gather not to debate, but to meditate together. This creates a field of unity that transcends borders.

These initiatives may seem simple. But they work because they speak to the soul. And what speaks to the soul transforms behavior.

#### **Emotional and Ethical Sustainability**

The 2030 Agenda must include emotional resilience and ethical education. In a world of climate anxiety, burnout, and loneliness, Gen Z does not just need policies. We need purpose. And we are finding it by returning to simplicity, reconnecting with nature, and reclaiming our inner authority.

## **United Nations**

Imagine every school teaching meditation. Imagine every government policy including a mental and spiritual health assessment. Imagine corporations measuring not just profits but peace generated. Isn't that what sustainability truly means? The ability to sustain joy, peace, and harmony, even in a volatile world.

## Walking with Purpose: From Carbon Graphs to Conscious Lifestyles

In an ecological economics lecture recently, our professor showed a graph comparing national incomes and carbon footprints. The wealthier nations sat high on the chart, the poorer ones clustered below, creating a trend line with a steep slope. He said, "This line needs to become a straight line, and that won't happen with technology alone. It requires a lifestyle change."

That image stayed with me. It made me think about the way the Brahma Kumaris live. About how sustainability for us doesn't start with systems, it starts with the self. It's not about catching up or slowing down, but about turning inward.

For me as a Gen Z student and a soul walking this spiritual path, the idea of a middle path means choosing a lifestyle where we are neither consuming excessively nor suffering unnecessarily. It is not about sameness but about balance, a balance that emerges when we see ourselves as souls and others as souls too. That awareness transforms how we live, how we travel, how we buy, how we interact.

What seems impossible to be shown on the graph, I've seen in practice. At Brahma Kumaris, we consume consciously, not because it's trendy but because it's peaceful. We live simply, not from deprivation, but from clarity. Our lifestyle is shaped by soul-consciousness, not driven by greed or guilt, but guided by love and responsibility.

While this is my experience within the Brahma Kumaris, I believe this deeper reflection on lifestyle is relevant for all communities, cultures, and contexts.

So yes, we need that straight line, but we need it with depth. Not just equality of income, but equality of inner value. We want to see policies that nurture lifestyles rooted in dignity, compassion, and contentment. We want to create a world where no one is pushed to the top or left at the bottom, but where everyone walks together, side by side, in harmony.

This is not just a theory from class. It's something we live and observe each day. And I offer it here as one voice, from one soul, walking gently but firmly in unity toward a future where sustainability begins within and blossoms for all.

#### From Material Dependency to Inner Empowerment

Much of today's environmental destruction comes from inner emptiness, an endless search to fill what cannot be filled with things. We believe Gen Z has the courage to break this pattern. Through spiritual education, ethical consumption, and meditation, we move from neediness to contentment.

Our projects, such as the Self-empowered Living workshops and Spiritual Detox retreats, help youth build resilience, clarity, and purpose. These are not side activities. They are sustainability tools.

## **United Nations**

A soul who is content will not overconsume. A mind that is silent will not pollute. Let the 2030 agenda reflect this bridge: from outer development to inner freedom.

#### A Compass, not a Checklist

We want the SDGs to be seen not as targets, but as a compass for living. A compass that points toward wholeness.

- SDG 1: No Poverty → Dignity of every soul.
- SDG 3: Good Health → Inner peace and mental clarity.
- SDG 5: Gender Equality → A world where every being is honored as a soul, not judged by body.
- SDG 12: Responsible Consumption → Conscious choices based on values.
- SDG 13: Climate Action → Awakening the original love between humans and Earth.

These are not political slogans. These are spiritual truths. Let the SDGs not be a race, but a return, to dignity, to soul-consciousness, and to unity.

#### A Loving Invitation to the UN@80

As the UN celebrates its 80th year, we honor its legacy and invite it into a new era, one where policies are infused with peace, and goals are powered by goodness.

Let this be a decade of not just climate solutions but consciousness solutions.

Let us catalyze change not only by new infrastructure, but by new insight.

Let us move from ego-systems to ecosystems, and from outer space races to inner space realizations.

We, the Gen Z of the Brahma Kumaris, are not waiting to be led. We are ready to lead. Not with aggression, but with awareness. Not with pressure, but with presence.

We are ready to walk gently, speak truthfully, and act powerfully.

And we are not alone.

Because every living being, when awakened, becomes a light. And when we all shine together, we illuminate a sustainable future, one that leaves no one behind.